

VOLUNTEER WITH F4S

Becoming an F4S Volunteer is quick and easy! You can join on your own terms and volunteer on a schedule that works for you.

Start volunteering in three simple steps:

- 1. Tell us about yourself:** Complete a short form so we can learn about your professional background and the topics you'd like to speak about (e.g., career journeys, STEM pathways, industry insights).
- 2. Set your availability:** Indicate how often you'd like to volunteer — whether once a year or once a month — and update this at any time.
- 3. Accept requests when you can help:** Educators use the Founders4Schools platform to invite volunteers to speak in classrooms or virtual sessions. You'll receive invitations via email and your dashboard. Simply accept the ones that fit your schedule, and we'll provide all the details and guidance you need.

Once registered, volunteers can also:

- Access resources to help prepare for sessions (talk outlines, FAQs, presentation tips).
- Track their impact through feedback from educators and students.
- Join themed events and assemblies to connect with other volunteers and schools.

[Volunteer Now!](#)

F4S

What is F4S?

Founded in 2015, F4S is an award-winning edtech charity empowering teachers to inspire students, especially those from disadvantaged backgrounds.

Mission: Connects students to real-world career insights through skilled volunteers from companies of all sizes.

Impact: Over 2 million student encounters, enhancing confidence and career awareness for 700,000+ students and 2,000 teachers.





Why get involved...

→ Share your career journey

Inspire the next generation by connecting with students in schools or virtual assemblies. Your experience can help them understand what careers really look like and show them the skills they'll need to succeed.

→ Make a real impact

A single hour of your time can spark curiosity, broaden horizons, and give students the confidence to explore new opportunities. Your story could help a student see themselves in a role they never imagined.

→ Join a supportive community

Become part of a network of volunteers, educators, and businesses all working together to prepare young people for the workplace.



Volunteer Platform Walkthrough

F4S


- Dashboard
- Bookings (1)
- Requests (1)
- Action Plans
- Your Impact
- Resources
- Account
- Preferences
- Logout

🔗 ⌚ ? 📁 ✉️  Sarah ☰

Welcome Sarah!

Here's what you have coming up


Filters

 Upcoming Virtual Assembly Upcoming

Volunteer Training Session- Make the Most of Your Dashboard

🕒 12:00 📅 25 Mar 25

[Start Event](#) [Briefing](#) [Share](#)

 Invitation To Host A Virtual Assembly Invitation

Digital strategy

[View Details](#) [Decline](#)

Your Impact

View

J F M A M J J A S O N D

0 sessions this month

1
Organisations helped
Since joined

60 min
Minutes mentored
Since joined

F4S

Build Your Volunteer Profile

1

Upload profile photo

Upload a high-quality headshot with a clear background. For example, a LinkedIn photo would be perfect!

2

Write compelling Job Title

Write a headline that tells people exactly what you do and what you bring to the table. Think: 'Graphic Designer Specialising in Branding & UX' instead of just 'Designer.' It should be clear and specific.

3

Craft a strong bio

This is your pitch to schools. Briefly explain who you are, what you specialise in, and how you help others. Use keywords relevant to your field. Keep it concise but compelling-aim for 3-5 short paragraphs.

4

Share your experience

Add all your previous work experience and share your career insights. Then it's time to start connecting with schools!



Stay active and keep your profile updated! Update the information with new jobs, experience, and keep connecting with schools.



Tips for Volunteers



Your personal feedback appears in the impact section

Resources available for presentation inspiration

Use message feature to communicate with schools ahead of time

Ensure your mentoring days and times are updated if your schedule changes

Don't forget about the action plans that help you prepare and take notes